

Since Pakistan is a Muslim country, we accept students who are married and have a kid throughout their studies. We do not accept incidents in which students are offered pregnancy test kits or other medical procedures without marriage because our religion does not allow it. We do, however, handle student situations that are legally important and can be resolved even if they are not married.

The following are our services;

Students Can Get Reproductive Health Care

Access to comprehensive sexual and reproductive healthcare services, as well as correct information and education, is critical in empowering individuals to make educated decisions about their health and well-being in today's changing environment. We are committed to creating a safe, inclusive, and supportive environment for all of our students at our institution. We recognize the significance of sexual and reproductive health and are committed to providing a variety of services, information, and education to meet the different needs of our student population.

1. Accessible Healthcare Services

We prioritize our students' physical and emotional well-being by providing on-campus sexual and reproductive healthcare services. Our caring healthcare specialists offer discreet consultations, regular check-ups, and a variety of treatments such as contraception, STI testing and treatment, pregnancy testing, and counselling. We make ensuring students have easy access to medical care, encouraging them to take a healthy and responsible attitude to their sexual and reproductive health.

2. Comprehensive Information and Education

Making responsible decisions requires knowledge. We provide comprehensive sexual and reproductive health education programmes that include a wide range of issues such as safe sex, contraception alternatives, STI prevention, consent, and healthy relationships. Workshops, seminars, and awareness campaigns are held on a regular basis to provide accurate information and encourage open debates about these important topics. Our mission is to provide students with the information they need to make informed decisions that will lead to healthier and safer lifestyles.

3. Counseling and Support

Navigating sexual and reproductive health issues can be difficult, and we recognise the significance of emotional assistance at these times. Our dedicated counselling services offer students a secure location to express their concerns, ask questions, and seek help. Our counsellors are trained to provide compassionate, nonjudgmental help, ensuring that each student feels heard, appreciated, and supported in their decisions.

4. Privacy and confidentiality

In all of our sexual and reproductive healthcare services, we adhere to the strictest confidentiality and privacy requirements. We recognise the sensitivity of these issues and ensure that all interactions, consultations, and medical records are handled with the highest discretion. Students can seek assistance without fear of being judged or infringing on their privacy.

5. Community Engagement and Collaboration

We believe in the value of community involvement and collaboration. We broaden our resources and provide additional support to our students by collaborating with local healthcare organizations and advocacy groups. We can provide a greater range of services, such as specialized medical care, counselling, and access to support networks, by working together.

Students and faculty members of Fazaia Medical College recently came together to support the Pink Ribbon campaign, an initiative aimed at raising awareness about breast cancer. This event provided a platform to educate students, faculty, and the community on the importance of early detection, regular screening, and support for individuals affected by breast cancer. The college organized informative sessions where healthcare professionals shared insights into the signs and

symptoms of breast cancer, the critical need for self-examination, and available treatment options.

Guided by their faculty mentors, medical students actively participated in these discussions and led awareness activities, which included distributing informational pamphlets and Pink Ribbon badges as symbols of solidarity. The students also set up information desks to address questions from attendees, reinforcing their advocates for The event Fazaia Medical commitment to and community with global health participating in campaign, FMC's faculty their dedication supportive awareness, the those affected by



role as public health. underscored College's health education service, aligning standards. By the Pink Ribbon students and demonstrated to fostering a environment for prevention, and empowerment of breast cancer.







Fazaia Medical College (FMC) is dedicated to fostering a well-rounded educational experience that extends beyond academics and healthcare training. Alongside commemorating international health days to promote awareness of critical health issues such as diabetes, tuberculosis, breast cancer, and other diseases, FMC emphasizes the importance of engaging students in diverse activities that nurture their physical and mental well-being. By organizing awareness campaigns, seminars, and research activities tied to global health themes, FMC empowers students to become informed advocates and future leaders in healthcare.

Beyond health awareness and research, FMC actively encourages students to participate in a variety of sports and cultural events. These activities are essential to the college's holistic approach to education, promoting teamwork, leadership skills, and cultural understanding among students. Through sports competitions, students build physical fitness and resilience, while cultural events celebrate diversity, fostering an inclusive environment that values different backgrounds and traditions. This dynamic blend of academic, social, and extracurricular involvement ensures that FMC students graduate as well-rounded professionals equipped to make meaningful contributions to society.





As part of their commitment to promoting health awareness and education aligned with the standards of the Impact Rankings, students and faculty members from

Fazaia Medical College recently visited the National Institute of Health (NIH). This visit was strategically organized to deepen their understanding of public health protocols, health education, and disease prevention measures at a national level, reflecting Fazaia Medical College's dedication to contributing to sustainable health practices.

During the visit, students from various medical years, guided by dedicated faculty members, engaged in an in-depth learning experience. They participated in discussions on critical public health issues, including disease surveillance,

immunization programs, and the importance of community-based interventions in controlling and preventing health crises. The NIH staff provided insights into current health initiatives and the national healthcare landscape, emphasizing the role of medical professionals in disease prevention and health promotion.

This visit not only enhanced the students' awareness but also equipped them with practical knowledge and skills, fostering their development as future healthcare leaders. It showcased Fazaia Medical College's ongoing efforts to align with global health standards and to make meaningful contributions to the United Nations Sustainable Development Goals, particularly in ensuring healthy lives and promoting well-being for all.







World TB Day

The hard work and dedication of the students were acknowledged with certificates, applauding their efforts in making the event impactful and raising vital awareness and support for breast cancer.



In observance of World Health Day, students and faculty members of Fazaia Medical College joined together to raise awareness and promote the importance of global health. Recognizing the significance of this day, the college organized a series of informative sessions and interactive activities to educate students and the broader community on pressing health issues, preventive care, and the importance of universal health coverage.

Guided by experienced faculty, medical students engaged in discussions and presentations that highlighted key themes aligned with the World Health Organization's focus for the year. These sessions emphasized preventive healthcare, the importance of community health, and the role of healthcare professionals in advancing public health. Through these activities, Fazaia Medical College reinforced its commitment to fostering a healthier society and empowering its students to become advocates of health awareness,

aligning with international standards of health education and the goals of the Impact Rankings.

On World TB Day, students and faculty members of Fazaia Medical College came together to raise awareness about tuberculosis (TB) and its global impact. Understanding the significance of this day, the college organized a series of educational activities and awareness sessions aimed at educating students, faculty, and the community about TB prevention, early diagnosis, and treatment options.

Under the guidance of experienced faculty members, medical students participated in discussions and presentations that highlighted the global burden of TB, the stigma surrounding the disease, and the urgent need for community-based interventions to prevent its spread. The sessions also addressed the World Health Organization's goals for TB elimination and emphasized the importance of access to healthcare for all, aligning with public health standards and the Impact Rankings' emphasis on health and well-being.

Through this initiative, Fazaia Medical College reaffirmed its commitment to training future healthcare professionals to address public health challenges, empowering them with the knowledge and skills to become advocates in the fight against TB and supporters of global health awareness.



WORLD DIABETES DAY

In honor of World Diabetes Day, students and faculty members of Fazaia Medical College organized an awareness event focused on the prevention and management of diabetes. The college held educational sessions and interactive workshops aimed at educating students, faculty, and the broader community about the importance of lifestyle changes, early detection, and effective management of diabetes.

Led by knowledgeable faculty, medical students engaged in discussions covering the global impact of diabetes, the complications associated with uncontrolled blood sugar levels, and the role of healthcare providers in promoting preventive measures. The sessions underscored the importance of regular screenings, a balanced diet, and physical activity to mitigate the risks of diabetes. Participants also learned about the latest advancements in diabetes care, aligning with World Health Organization standards and reinforcing the values of the Impact Rankings in promoting public health.

This event strengthened Fazaia Medical College's commitment to preparing future healthcare professionals with the knowledge to address diabetes as a critical health challenge. By equipping students with these insights, the college empowered them to become advocates for diabetes awareness and preventive healthcare, contributing to a healthier society.



On March 8, 2024, students from Air University embarked on an insightful industrial visit to Revive Health Technologies, a leading company in the healthcare

technology sector. This visit aimed to provide students with a practical understanding of how innovative health solutions are developed and implemented in real-world settings.

During the visit, students were warmly welcomed by the management and staff of Revive Health Technologies, who provided an overview of the company's mission, products, and services. The tour included an exploration of their state-of-the-art facilities, where students witnessed firsthand the advanced technologies used in healthcare delivery, including telemedicine solutions, health monitoring systems, and electronic health records management.

Students participated in interactive sessions with industry experts, gaining valuable insights into the challenges and opportunities in the health tech sector. Discussions focused on the integration of technology in healthcare, the importance of data analytics in improving patient outcomes, and the role of innovation in driving healthcare transformation.

The visit also included a Q&A session, allowing students to engage directly with professionals in the field, asking questions related to career paths, emerging



technologies, and the future of healthcare. This interaction helped bridge the gap between academic learning and industry

practices, inspiring students to consider careers in health technology and related fields.

Overall, the industrial visit to Revive Health Technologies not only enhanced students' understanding of the healthcare industry but also provided them with a platform to connect with potential employers and explore future career opportunities. The experience reinforced Air University's commitment to practical education and industry collaboration, preparing students for successful careers in healthcare and technology.

Medical Camp by FMC

Description

ir University Chapter - SYNCH FMC in collaboration with Life Savers Hospital, successfully conducted a FREE Medical Camp at Lathrar Kuri Road, providing quality healthcare services to over 800 underprivileged individuals.

The one-day camp brought together specialist doctors from renowned hospitals, including PAF Unit 2, DHQ, and Wateem Hospital, who offered their expertise in various fields.

Our dedicated medical student volunteers played a crucial role in the camp's success, assisting in:

registration of patients, patient history checks, vitals (blood pressure, oxygen saturation, BMI), general physical examinations, hepatitis screenings. Patients were then referred to respective departments, including medicine, surgical, physiotherapy, dental, diet and nutrition, ophthalmology, neurology, and cardiology. A fully equipped pharmacy provided essential medications to patients.

We extend our gratitude to Life Savers Hospital for their partnership, the doctor specialists for their expertise, and our medical students for their tireless efforts. This initiative embodies our commitment to healthcare accessibility and community service. Let's continue to care for the underserved!

Pictures :



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